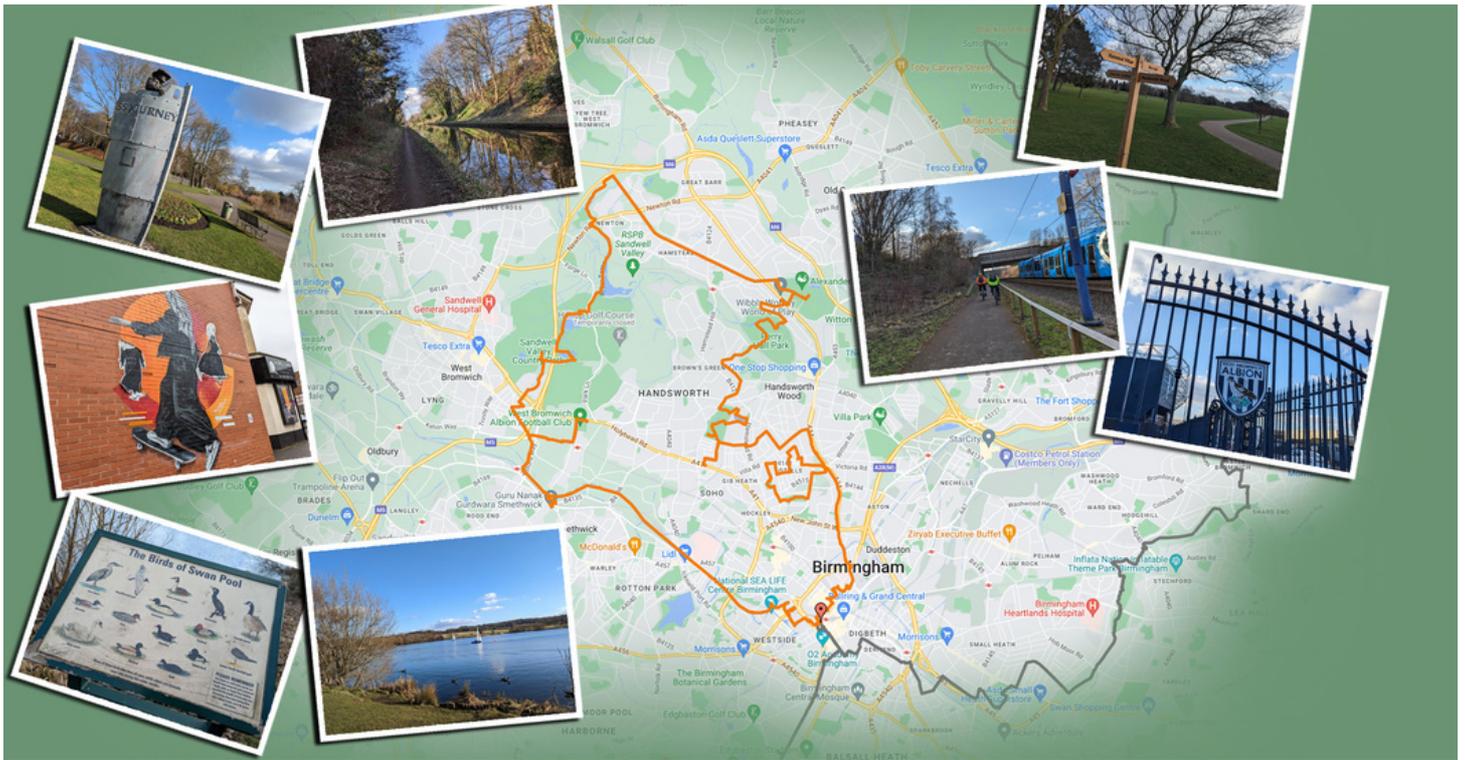




# 69wards - Route 8



## Lozells - Handsworth - Sandwell Valley

### Start/Finish:

Birmingham New Street Station

**Distance:** 28 miles

**Average cycle time:** 3hrs

**Average Walking time:** 11hrs

Expect a grand day out on this longer 28mile route from Birmingham City Centre with lots to see and do as well as glorious scenery along the way. Easily split into shorter manageable rides or walks, this route explores cycle lanes, parks, canals and green spaces, local high streets and great visitor attractions for all the family. There's something for everyone.

### Highlights:

- St Phillips Cathedral
- Lozells Mural Trail
- Alexander Stadium
- The Hawthorns
- Guru Nanak Gurdwara Smethwick
- Birmingham Library

### Green spaces:

- Handsworth Park
- Georges Park
- Perry Hall Park
- Tame Valley Canel
- Sandwell Valley Country Park and Nature reserve

### Pitstops & toilets:

- New Street Station
- New Town Shopping Centre
- Handsworth Library
- Handsworth Wellbeing Centre
- Sandwell Valley Visitor Centre
- The Roundhouse

**View the full route in detail by clicking the links below and follow using gps via Komoot, the route finding and navigation website/app, or Google Maps.**

[\*\*Komoot\*\*](#)

[\*\*Google Maps\*\*](#)



# Route Description



Start by winding your way through the City Centre, passing St Phillips Cathedral and head towards the A34 cycle way which takes you out to Perry Barr. You have the option to take a little tour around Lozells, exploring the fantastic mural trail, local streets and Georges Park, before continuing via road out to Handsworth Library and Park. Here you can also visit Handsworth Wellbeing Centre or enjoy the lovely green space and outdoor arts trail.



The route then heads for the Tame Valley Canal along a few side roads visiting Perry Hall Park and Alexander stadium along the way. From here it's almost all off road. Enjoy the views as you pass over Perry Barr locks and under freeth canal bridge before exiting the canal and following National Cycle Route 5 through to Forge Mill Nature Reserve and Sandwell Valley Country Park. Here you will find a children's farm, bird watching spots and dedicated mountain bike trails. Following the route around swan pool taking in the open air and lovely surroundings to the Visitor Centre. Grab some refreshments and find out about all the great things you can get up to in Sandwell Valley.



Continue on NCR 5 towards Galton Bridge and Birmingham Mainline canal via shared paths and a few quiet roads with the option to take the cycleway alongside the Metro track to The Hawthorns or into WestBromwich. You will join the canal via a steep windy path with fantastic views of Galton Bridge which leads you back into Birmingham City Centre with fab scenery all the way.

Theres a few more optional stops including Guru Nanak Gurdwara Smethwick, the Roundhouse heritage centre/cafe, City Centre Gardens or Birmingham Library before heading back to New Street Station where a stop for post adventuring refreshments on John Bright Street might be required.

## Key places to join/leave the route:

- Lozells
- Handsworth PArk
- Perry Hall Park
- Dudley Road

## Access the route vis public transport:

- **Train Stations:** Birmingham New Street, Snow Hill, Perry Barr, Hamsted, Hawthorns, Galton Bridge
- **Bus Routes:** 11, 101, 52,

# Accessing The Route

Our routes are designed to be self-guided, accessible by bike or foot and well connected with bus routes, train stations and bike parking across the city. There are two ways you can access this route and view it more closely. This is through Google Maps and our recommended option **Komoot**. These are both FREE route finding tools which allow you to view the routes in more detail and show things like places of interest, green spaces, public transport links and cafe stops.

Komoot also offers turn by turn navigation. It's easy to get started, you just need to sign up, select Birmingham as your first FREE region to start exploring. There are great features to help plan/modify your journey, information about road types and highlights you will find along the way.

**Google Map:** [www.bit.ly/GoogleMaps\\_Route8](http://www.bit.ly/GoogleMaps_Route8)

**Komoot:** [www.bit.ly/Komoot\\_Route8](http://www.bit.ly/Komoot_Route8)



## Be mindful that you are responsible for your own safety

We think these routes are great for adults, individuals and families who want to explore by bike or foot. Here are a few things to remember

:

- Always follow the Highway Code.
- When on shared paths, give priority and be courteous to pedestrians.
- Please be extra careful when riding near open water.
- Ride within your own ability.
- If stopping to rest or look at the map, please stop in a suitable and safe place.
- Most of all, have fun!

# 69wards by Bike or Foot Bingo!



Have some fun while you're out riding or walking the routes with a game of Bingo! Can you get a full house? Take photos and share them with us on social media by tagging **@ecobirmingham** or using **#69wards** & **#WalkCyclePlay**



Visit a  
Green Space



Walk/Cycle to  
the city centre



Get connected  
to nature



Choose walking or  
cycling for your  
daily exercise



Ride/walk a  
route you haven't  
done before



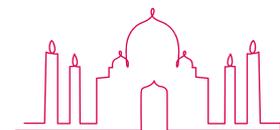
Share your  
commute



Cycle/walk to the  
Supermarket



Visit a new place  
by bike or foot



Cycle/walk to a  
place of worship



@ecobirmingham